



Allergen Information

	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Treenuts	Wheat
BREAKFAST								
Made from Scratch Biscuit™			X			X		X
Cinnamon 'N' Raisin™ Biscuit			X			X		X
Jelly Biscuit			X			X		X
Sausage Biscuit			X			X		X
Sausage & Egg Biscuit	X		X			X		X
Country Ham Biscuit			X			X		X
Chicken Fillet Biscuit	X		X			X		X
Country Steak Biscuit	X		X			X		X
Breaded Pork Chop Biscuit			X			X		X
Pork Chop N Gravy Biscuit			X			X		X
Bacon, Egg & Cheese Biscuit	X		X			X		X
Ham, Egg & Cheese Biscuit	X		X			X		X
Loaded Omelet Biscuit	X		X			X		X
Monster Biscuit™	X		X			X		X
Smoked Sausage Biscuit			X			X		X
Biscuit 'N' Gravy™			X			X		X
Sunrise Croissant® with Ham	X		X			X		X
Texas Toast Breakfast Sandwich - Sausage	X		X			X		X
Frisco Breakfast Sandwich®	X		X			X		X
Pancakes* (3)	X		X			X		X
Low Carb Breakfast Bowl®	X		X			X		X
Loaded Breakfast Burrito	X		X			X		X
Big Country® Breakfast Platter - Bacon*	X		X			X		X
*Served w/ syrup, jam & butter (Not included in allergens above)								
BREAKFAST SIDES								
Hash Rounds®								X
Grits								
THICKBURGERS & SANDWICHES								
1/3 LB** Original Thickburger®	X		X			X		X
1/3 LB** Cheeseburger Thickburger®	X		X			X		X
1/3 LB** Mushroom & Swiss Thickburger®	X		X			X		X
1/3 LB** Bacon Cheese Thickburger®	X		X			X		X
1/3 LB** Frisco Thickburger®	X		X			X		X
1/3 LB** Low Carb Thickburger®	X		X			X		X
2/3 LB** Double Thickburger®	X		X			X		X
2/3 LB** Double Bacon Cheese Thickburger®	X		X			X		X
2/3 LB** Monster Thickburger®	X		X			X		X
The Six Dollar Thickburger	X		X			X		X
Little Thickburger®	X		X			X		X
Little Thick Cheeseburger	X		X			X		X
Charbroiled Chicken Club Sandwich	X	X	X			X		X
Charbroiled BBQ Chicken Sandwich		X	X			X		X
Low Carb Charbroiled Chicken Club Sandwich	X	X	X			X		X
Big Chicken Fillet Sandwich	X		X			X		X
Spicy Chicken Sandwich	X		X			X		X
Regular Roast Beef Sandwich	X		X			X		X
Big Roast Beef™	X		X			X		X
Hot Ham 'N' Cheese™	X		X			X		X
Big Hot Ham 'N' Cheese™	X		X			X		X
Big Shef™	X		X			X		X
Fish Supreme Sandwich	X	X	X			X		X
Jumbo Chili Dog			X			X		X
Double Cheeseburger	X		X			X		X
Small Cheeseburger	X		X			X		X
Small Hamburger	X		X			X		X
3 Piece Hand Breaded Chicken Tenders	X		X			X		X
5 Piece Hand Breaded Chicken Tenders	X		X			X		X
Kids Meal - Chicken Tenders	X		X			X		X
Kids Meal - Cheeseburger	X		X			X		X
Kids Meal - Hamburger	X		X			X		X
**weight before cooking								
SIDES								
Natural Cut French Fries								
Crispy Curly™			X					X
Beer Battered Onion Rings			X					X
Side Salad (no dressing)			X					
FRIED CHICKEN & SIDES								
Fresh Fried Chicken - Bone In								X
Cole Slaw	X							
Mashed Potatoes and Gravy			X			X		X
DESSERTS								
Chocolate Chip Cookie	X		X	X		X	X	X
Chocolate Chip Cookie - Fresh Baked	X		X	X		X	X	X
Chocolate Cake	X		X			X		X
Apple Turnover (Without Cinnamon Sugar Topping)			X			X		X
Peach Cobbler	X		X			X		X
Hand Scooped Vanilla Shake			X			X		X
Hand Scooped Vanilla Malt			X			X		X
Hand Scooped Chocolate Shake			X			X		X
Hand Scooped Chocolate Malt			X			X		X
Hand Scooped Strawberry Shake			X			X		X
Hand Scooped Strawberry Malt			X			X		X
CONDIMENTS								
Ketchup								
Mustard								
Salsa Packet								
Mayonnaise	X							
Horseradish Packet	X							
Honey Mustard Dipping Sauce	X							
BBQ Dipping Sauce								
Buttermilk Ranch Dipping Sauce	X		X			X		
Creamy Buffalo Dipping Sauce	X							
Texas Pete® Hot Sauce								
Fat Free Italian Salad Dressing								
Buttermilk Ranch Salad Dressing	X		X					

The information contained in this guide is based on standard U.S. product formulations. Variations may occur due to a variety of factors and circumstances including, but not limited to, differences in suppliers, ingredient substitutions, recipe revisions, product assembly and seasonal variances. Test products are not included. This information is current as of September 14, 2010.

The information in this guide is reported for informational purposes only by Hardee's Food Systems, Inc. ("HFS"). Neither HFS, its franchisees, its suppliers and/or vendors, or its employees assume any responsibility for sensitivity or allergy to any food product or ingredient provided by or in our restaurants. Anyone with any food sensitivity, allergies, special dietary needs, or specific dietary inquiries and/or concerns should consult a medical professional of their own selection regarding the suitability of our food products and/or ingredients, and should regularly review the information contained at www.hardees.com for content updates.